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## PRINCIPAL'S REPORT

As the weather gets colder and winter soon approaches, it is a timely reminder to all our Emerson School community to look after yourselves. Winter brings with it colds and flu so please ensure that if your child is unwell, they are kept at home until they are feeling better.

Stage One of our building project continues to progress with workmen busily fitting out rooms and working on the driveways. I have attached some photos from various angles of the building to update you on the works undertaken.



*John Mooney  
Principal*

## DIARY DATES 2023

**MONDAY 12TH JUNE** - King's Birthday Holiday (no school)

**FRIDAY 23RD JUNE** - Last Day of Term 2 (early finish)

**MONDAY 10TH JULY** - Term 3 Commences

## **VALUE OF THE FORTNIGHT**

We will continue our studies on the value, Thankfulness, next week.

This Sunday we will all have an opportunity to acknowledge our mothers and thank them for their love and care. Many studies have been conducted over the years on the value a mother brings to her family. Her roles include Chef, Housekeeper, Detective, Chauffeur, Caretaker, Counselor, Teacher, Event Planner, Judge, Nurse, Accountant, Finance Manager, and Confidant.

If we paid our mothers a wage for all the hours they devote to these roles they estimate that a mother's worth is well in excess of \$100,000 a year. It is also important to note that a mother works 24 hours a day for 7 days a week and doesn't receive any sick pay or holiday pay! So when we consider the many roles she plays I do not think we can put a price on how much our mothers are worth. Their love and support is priceless.

Mothers can never be replaced so no amount would be sufficient to measure the true value of a mother. So please remember to thank your mother and spoil her this Mother's Day, and don't forget to tell her how much you love her.

*Dianne Wright  
Campus Principal—Middle School*

## **RESPECTFUL RELATIONSHIPS**

### ***Topic 3 – Positive Coping***

Learning activities in this topic provide opportunities for students to identify and discuss different types of coping strategies. When children and young people develop a language around coping, they are more likely to be able to understand and deliberately utilise a range of productive coping strategies and diminish their use of unproductive coping strategies. Students learn to extend their repertoire of coping strategies and benefit from critically reflecting on their own choices and being exposed to alternative options.

Activities introduce students to the concept of self-talk and practice using positive self-talk to approach and manage challenging situations. Positive self-talk is a key strategy for coping with negative thoughts, emotions and events. It is associated with greater persistence in the face of challenge and can be learnt or strengthened through practice.

## **TEENS AND BEYOND - FREE ONLINE WORKSHOP**

Do you have a child with disability aged 13+? Then check out Teens and Beyond – a FREE online workshop from our friends at Association for Children with a Disability (ACD)!

This popular workshop will give you practical information, skills and confidence to help your teen identify their strengths and aspirations, and support them to make decisions.

This is the only workshop that brings the full range of information relating to teenagers with disability together in one place.

Topics include:

- Financial support
- Getting the right NDIS support for your teen
- School and post-school options
- Wellbeing: friendships, communication, behaviour support and good mental health

Workshop dates:

- Monday 15, 22 & 29 May 7:00pm
- Tuesday 16, 23 & 30 May 10:00am
- Wednesday 17, 24 & 31 May 7:00pm
- Thursday 18, 25 May & 1 June 10:00am

Workshops are led by ACD's professional facilitators who are parents of young people with disability and who have personal experience of navigating the teenage years.

Register now to secure your place. [bit.ly/TEENSmay23](https://bit.ly/TEENSmay23)

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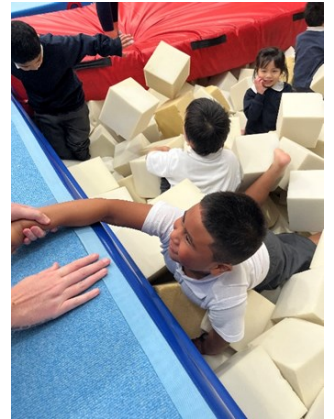
## JUNIOR SCHOOL NEWS—JUNIOR SCHOOL GYMNASTICS PROGRAM

JSA and JSB students are currently taking part in a gymnastics program at Endeavour Hills Leisure Centre. They are travelling to Endeavour Hills on Wednesday mornings for six weeks, where they have been doing different activities and exercises to improve their strength, flexibility, balance and coordination.

It has been wonderful to see the progress made by our youngest students over the last few weeks. They have also been practicing school values such as responsibility, respect and doing your best, when participating in the gymnastics program off campus.

***Sam Lambden-Grant***

***Physical Education Teacher***



**JUNIOR SCHOOL STUDENT OF THE WEEK AWARDS**

**SUNSHINE**

**Ahmad JSG  
Zain JSJ**

**PARTICIPATION**

**Indego JSK**

**ACHIEVEMENT**

**Michael JSB**

**FRIENDSHIP**

**Paul JSI**

**LOL**

**Henry JSA**

**MATHEMATICS**

**Kaiser JSC  
Karly JSH**

**EXCELLENT LEADERSHIP**

**Erin JSD**

**OUTSTANDING EFFORT**

**Henry JSF**

**CITIZENSHIP**

**All JSE Students**



### MIDDLE SCHOOL STUDENT OF THE WEEK AWARDS

**MSA FREDRICK G**

For coming first at Cross Country.

**MSB ERIK A**

For improving his listening skills.

**MSC ANGELIA T**

For always taking pride in her work.

**MSD DION I**

For excellent work in Literacy.

**MSF RYLEE C**

For improving his concentration and the completion of work tasks.

**MSG AISHWARYA D**

For showing great confidence in Literacy.

**MSJ SELMA O**

For being helpful in the classroom and playground.

**MSK MANAIA S**

For working magnificently on her tables.

**MSL KEVIN N**

For always working hard and having a positive attitude.

**ESO LAYLA M**

For demonstrating independence at swimming.

**ARTIST IQRA W**

For her mixed media artwork of a fox in the forest.

**MR MAC OMAL T**

For applying effort and showing kindness.

### MIDDLE SCHOOL MILKSHAKE AWARDS



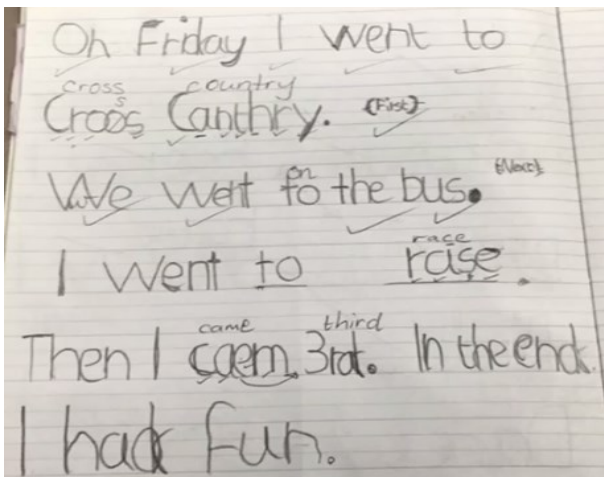
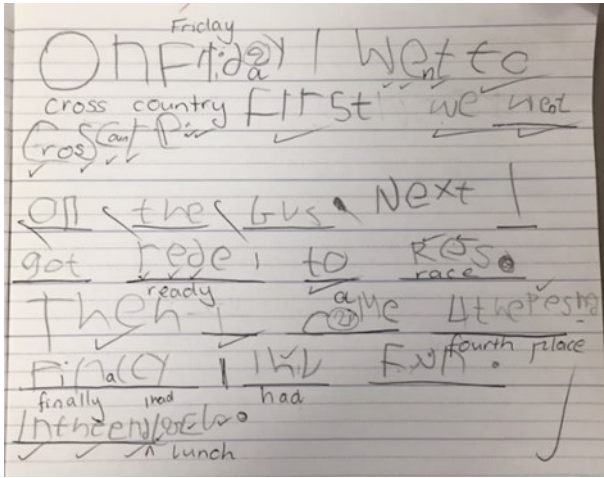
### **BUS AWARDS**





### EAL NEWS

On Monday in EAL, Ahmad and Mohamad from JSG decided to write a recount of their Cross Country experience as they had such an exciting time. Well done, very impressed!



*Ms Georgina Georgalli*

### SUBWAY ORDERS

**SUBWAY ORDERS ARE AVAILABLE TO STUDENTS EACH WEEK ON A WEDNESDAY.**

There are special Subway envelopes available at the office of either campus. Please fill in details with the correct money included and hand these to the Office any time before Tuesday 10.00am each week.



### KINDNESS AWARD

- ◆ Many staff have nominated Alena L from MSK for a Kindness Award as last Tuesday she was helping staff and students stay dry by meeting them with her open umbrella and escorting them to the front door.

### CONGRATULATIONS FLYNN HOUSE

Congratulations to all staff and students from Flynn house on their Honour Cup win.

How proud does Annabella look holding up the decorated cup!





## SSE MOTHER'S DAY COOKIES

Well done to the students in SSE this week who created these beautiful Mother's Day biscuit bouquets!





## INTERSCHOOL CROSS COUNTRY

After a wet week, the skies cleared just in time for the Southern Special Schools Sports Association (SSSSA) Cross Country carnival on 5<sup>th</sup> of May at Nortons Park in Wantirna South. Following strong results at the Inter-House carnival, the 36-strong Emerson team were eager to challenge themselves against the top runners in the region and represented the school in the best way possible.

On a challenging course, every student gave it their all and finished with a smile on their face. When they weren't competing, our students were out on the course cheering on their teammates.

An incredible 17 students qualified for the State Carnival to be held later on in the year. Well done to Miley (JSJ) 3<sup>RD</sup>, Fredrick (MSA) 1<sup>st</sup>, Mohamed (JSG) 3<sup>RD</sup>, Dakota (MSB) 2<sup>ND</sup>, Brodie (MSG) 2<sup>nd</sup> and Layla (MSJ) 3<sup>rd</sup> who placed top three in their age group. I would also like to make a special mention of Ashton (MSJ) who ran the fastest 3km of the day at 10:50 and Fredrick who ran the fastest 1.5km at 5:21. They both inspired their teammates to try their best!

Thank you to all the staff that supported the team and helped the day run as smooth as possible.

*Mr Peduto*

