

Issue 26 — Friday 1st September 2023

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Middle Campus	19-21 Gloria Avenue, Dandenong North 3175	Phone: 8762 6466	Website: www.emersonsc.vic.edu.au

PRINCIPAL'S REPORT

It is hard to believe that there are only two weeks remaining in Term Three. I would like to thank students, staff and families for your positive cooperation during the term. There are many parts of our new building that are still to be completed. One of the highlights of the week was the completion of the basketball/netball court. It was great to see students having a great time on the court. The rebound ace tennis court will be completed during the term break in two weeks time.

Parent/Caregiver/Guardian Opinion Survey

This survey has been forwarded to all Parents, Caregivers and Guardians. This will close on next Friday, 8th September. Thank you to those who have already responded.

I encourage everyone to complete the survey as it is the main way in which parents can promote our school and express their wish to improve our facilities. There is a direct link between parents supporting our school and obtaining new Capital Works at Emerson like our new Administration and Senior Block.

I will keep the community updated on our survey response rate.

*John Mooney
Principal*

CELEBRATING 50 YEARS OF EMERSON SCHOOL

We are on the search for your favourite family recipes to create and publish an Emerson School Cook Book, to celebrate our 50th Anniversary.

Traditional recipes, cultural recipes, recipes handed down from past generations, your favourite recipes, we would love for you to share them with us.

Please advise if this is a recipe you have created, had handed down to you or have found online (for copyright purposes).

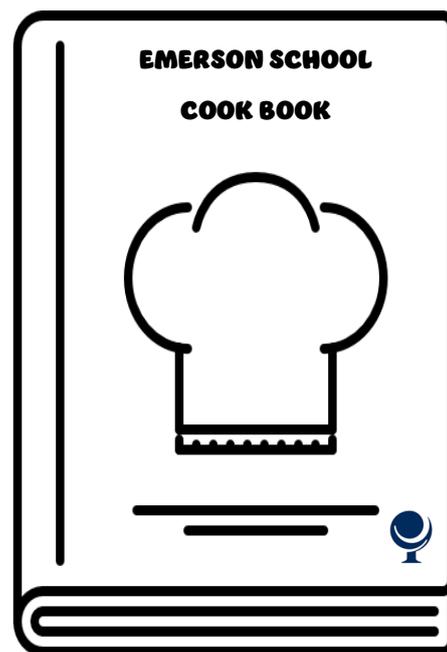
If it is a recipe from online, please include the link to the website.

Please send your recipes or website links, along with a photo (if possible) of your recipes by September 15th to:

*Emerson School c/o Fay Veitch—1430 Heatherton Road, Dandenong VIC 3175 or
Fay.Veitch@education.vic.gov.au or drop it into the school office.*

We appreciate your assistance and cannot wait to see our Emerson School Cook Book published in the near future.

Please note: not all recipes submitted may be featured.



DIARY DATES 2023

FRIDAY 15TH SEPTEMBER - Last Day of Term 3 (early finish)

MONDAY 2ND OCTOBER - Term 4 Commences

VALUE OF THE FORTNIGHT

Kindness

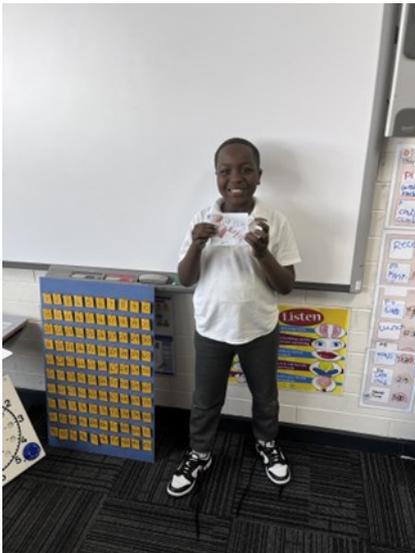
We can never have enough kindness in our world so even though we are studying other values we will continue to recognise kind deeds as they occur throughout our school.

Last week I gave everyone an exercise to do. After listening to me speak about the kindness activity in assembly on Friday, JSE were excited to participate. They chose a teacher and a student from a different class and wrote a note telling them something that they liked about them. They then hand delivered these notes with a lollipop to go with them!

Both givers and recipients were so excited and happy to receive such a kind message. Some of the notes included messages such as: "you have a beautiful smile." "You are so kind." "You are a fast runner." "You are great at basketball."

Miss Gore attached two photos, these are of Ali and Samim giving his note to Miss Gould.

MSF students and staff have also shown how they have been kind. You will find these acts of kindness on the next page.



Happiness

We will be studying the value Happiness for the month of September.

There have been many studies into the benefits of Happiness. Mr Hugh Van Cuylenburg is a famous speaker on this topic. He has observed the link between Resilience and Happiness.

Hugh said that research has shown that we can rewire the brain to scan the world to be positive. Positive people are happy people. Happy people are less likely to get sick. They are more enthusiastic and energetic. Other benefits from being happy include sleeping better and being more attentive. This leads to lower levels of anxiety and depression.

Hugh said the secret to being happy is easy. All we need to do each day is to answer the following three questions. I think it would also be very powerful to write them down in a book so that we can reflect on them from time to time.

Ask yourself:

- What is the best thing that happened to me today?
- Who am I most grateful for today and why?
- What am I looking forward to most about tomorrow?

I would like everyone at Emerson to answer these 3 questions each day for the next 2 months and let me know if they are feeling happier as a result.

How MSF showed 'KINDNESS' this month!

This month everyone in MSF was encouraged to show Kindness or do one 'Random Act of Kindness' for someone in the class. Here is how they went:

- ♥ Zija offered to lend Joe his eraser.
- ♥ Martin opened the classroom door for the man checking the fire extinguishers.
- ♥ Joe made sure Aria was okay when she was upset.
- ♥ Tammie is always 'all-round kind' to everybody in class, making sure they are okay.
- ♥ R.J offered to put out the classroom recycling bin.
- ♥ Amela helped Ms Ryan pack away all the Girls Club stuff.
- ♥ Noah found Mr Hutching's car key on the oval.
- ♥ Aria helped Tammie clean out her tub.
- ♥ Kiara bought Ms Ryan a chocolate bar (a 'Kindness' that Ms Ryan loves)!
- ♥ Samira gave Mrs Georgalli a big smile on her return from her overseas trip.
- ♥ Noor delivered some yummy lunch to Ms Ryan with a lovely smile on her face.
- ♥ Andrena gave her friend Aria a best friend necklace.
- ♥ Kane helped Andrena pack up the counters after Numeracy.
- ♥ Rylee C bought Ms Ryan some beautiful flowers and chocolates after hearing about her bad week.
- ♥ Diane consoled and sat with Tammie in Assembly when she was very upset.
- ♥ Lukas helps the students with 'Letter of the Week' and learning long multiplication.
- ♥ Ms Ryan treats everybody in her class with kindness and love.

What a wonderful bunch! 😊

What is an act of Kindness you could do for someone in your class?

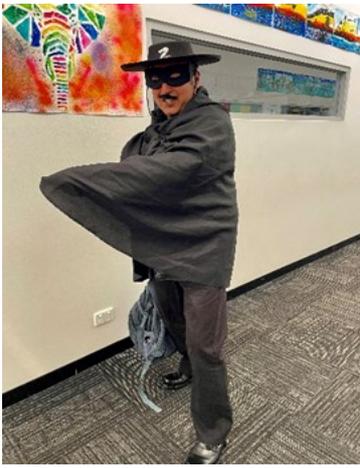
JUNIOR SCHOOL NEWS—BOOK WEEK DRESS UP DAY

Emerson School students and staff enjoyed many fabulous activities during Book Week last week. We finished the week with a dress up day. There was a vast array of wonderful book character costumes throughout the school. We got to show them off in a parade at our Whole School assembly.

It was a fun, happy and colourful day!

*Leanne Russell
Head of Junior School*









JUNIOR SCHOOL STUDENT OF THE WEEK AWARDS

PENMANSHIP

Ayaan JSF
Benyamin JSJ

INQUISITIVE

Roman JSC
Erin JSD

GOOD LISTENER

Yahya JSA

COMPASSION

Yahya JSA

SHARING

Campbell JSI

ACHIEVEMENT

Roshne JSH

PERSEVERANCE

Yunus JSK

ATHLETIC

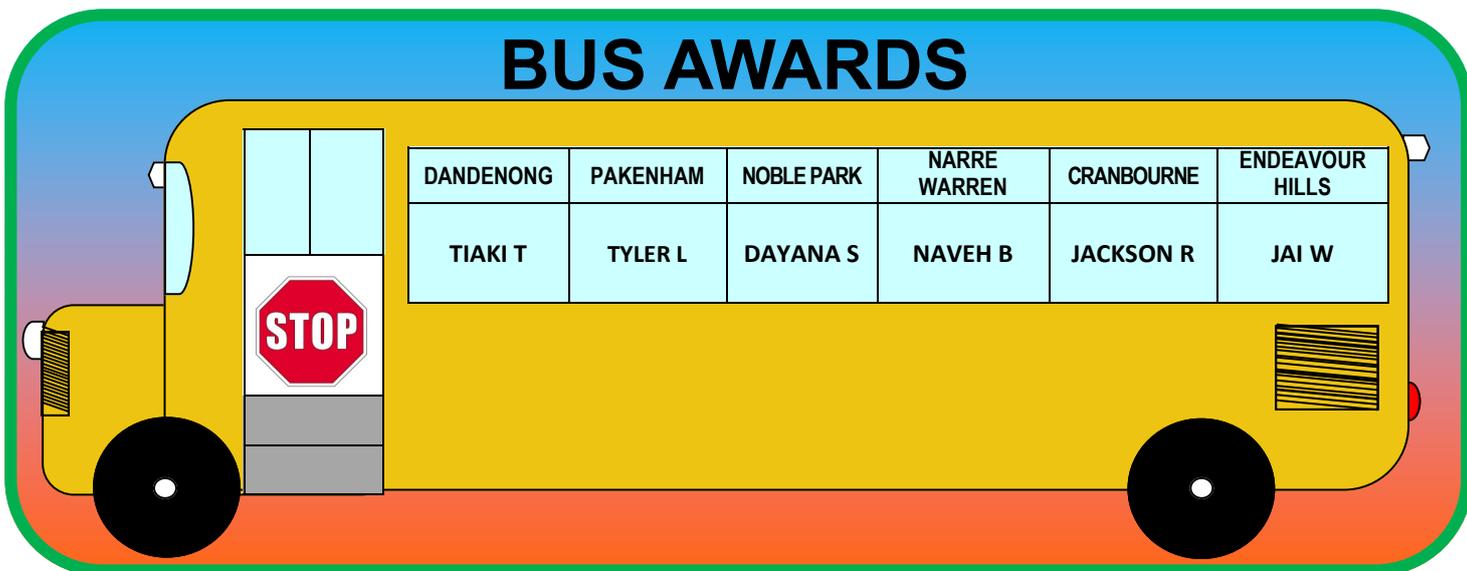
Rueben JSG

OPTIMISM

Minhaj JSE

KINDNESS AWARDS

- ◆ Ali G (JSE) has been nominated by Emily for always putting others needs and feeling before his own. If he sees someone upset he consoles them, he will offer things to others before helping himself. He thinks about ways he can help teachers and peers and does this without needing to be asked, showing initiative and good citizenship.
 - ◆ Jackson R, Adrian U and Anthony T (MSL) have been nominated by Julie for helping her take large cartons to the storeroom.
 - ◆ Hamzah N (JSK) has been nominated by Ms Russell for helping find a missing lunchbox.
 - ◆ Gerrard Y (JSH) has been nominated by Mr Kemp for giving him some beautiful colouring to put on the wall, making Mr Kemp feel really happy.
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SPORTS STAR OF THE WEEK AWARDS



BELEZA ONLINE SALE

15% OFF

BELEZA BRANDED PRODUCTS ONLY

1ST - 15TH OF SEPTEMBER

<https://beleza.com.au/online-store/>

ONLINE ONLY EXCLUSIVE FROM 1/09/2023 TO 15/09/2023 11:59PM AEST
DISCOUNT OFF RRP | NO FURTHER DISCOUNTS APPLY

A FRIENDLY REMINDER TO FAMILIES TO LABEL ALL SCHOOL BELONGINGS, ESPECIALLY SCHOOL JUMPERS AND SCHOOL JACKETS.

SCHOOL HAT REMINDER

Reminder to wear hats for Term 4.

It is compulsory for students to wear hats in Terms 1 & 4. We also strongly suggest sunscreen is applied and a water bottle is brought to school to keep hydrated.





ALL ABILITIES
BASEBALL

PILOT PROGRAM
FRIDAY 1ST & 8TH
SEPTEMBER
@ **SPRINGVALE INDOOR CENTRE**
5PM - 6PM

PROGRAM DESIGNED & HOSTED BY AN OCCUPATIONAL THERAPIST



FREE PROGRAM
High school aged participants
Initial pilot to seek interest for a full season



DANDENONG SAINTS BASKETBALL CLUB

PLAYERS WANTED

ANY AGE AND EVERY ABILITY

CONTACT US TO GET INVOLVED!

FACEBOOK: DANDYSAINTS
EMAIL: DANDYSAINTSBASKETBALL@GMAIL.COM
TEXT: 0481798083



FOR YOUNG PEOPLE AGED 12-25



YOUTH FEST 2023

Thursday 28 September
11am to 2pm
Noble Park Skatepark and surrounding area
Memorial Dr, Noble Park



SCAN HERE FOR MORE INFORMATION




CALL OUT FOR LOCAL PERFORMERS

Are you 12-25 years old and love...

- Singing?
- Playing a musical instrument?
- Dancing or cultural performances?
- Spoken word poetry?
- Comedy, circus, or magic tricks?

We are looking for young people to showcase their talents to the community.

You could get paid to perform on stage at community festivals and events.

For further information, please contact Youth and Family Services on 9793 2155 or visit youth.greaterdandenong.vic.gov.au/programs/call-out-performers to express your interest.

SCAN HERE TO EXPRESS YOUR INTEREST



Greater Dandenong Youth and Family Services
39 Clow Street, Dandenong
youthservices@ogd.vic.gov.au
facebook.com/ogdyouthservices
youth.greaterdandenong.vic.gov.au
We are proudly drug, alcohol and smoke free

9793 2155
TTY: 133 677
Speak and listen: 1300 555 727
TIS: 13 14 50



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GREATER DANDENONG
City of Opportunity

