

Issue 27 — Friday 8th September 2023

Junior & Senior Campus	1430 Heatherton Road, Dandenong 3175	Phone: 9791 8900	Email: emerson.sch@education.vic.gov.au
Middle Campus	19-21 Gloria Avenue, Dandenong North 3175	Phone: 8762 6466	Website: www.emersonsc.vic.edu.au

## PRINCIPAL'S REPORT

Term Three will finish at 1.45pm for Middle School and 2.00pm for Junior/Senior School next Friday, September 15. Please expect buses one hour earlier in the afternoon of that day.

Our Annual Parent Opinion Survey will close today. I would like to thank those Parents, Guardians and Caregivers who have already responded as this survey is the main way that we can let the Department of Education know about the importance of our school.

If you have not had the chance to complete the survey, it would be wonderful if you could add to the number of replies.

*John Mooney  
Principal*

## **CELEBRATING 50 YEARS OF EMERSON SCHOOL**

We are on the search for your favourite family recipes to create and publish an Emerson School Cook Book, to celebrate our 50th Anniversary.

Traditional recipes, cultural recipes, recipes handed down from past generations, your favourite recipes, we would love for you to share them with us.

Please advise if this is a recipe you have created, had handed down to you or have found online (for copyright purposes).

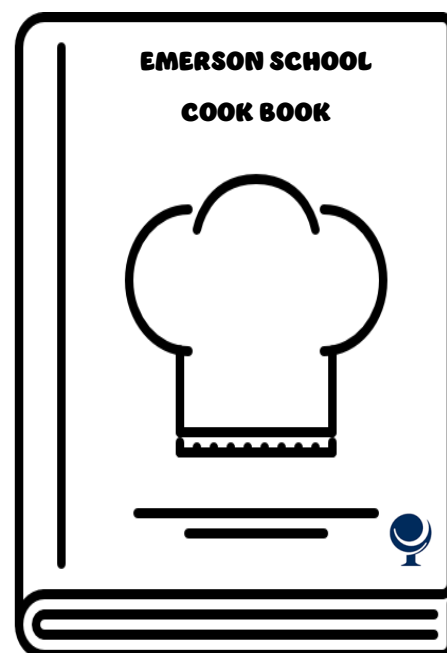
If it is a recipe from online, please include the link to the website.

Please send your recipes or website links, along with a photo (if possible) of your recipes by September 15th to:

*Emerson School c/o Fay Veitch—1430 Heatherton Road, Dandenong VIC 3175 or  
Fay.Veitch@education.vic.gov.au or drop it into the school office.*

We appreciate your assistance and cannot wait to see our Emerson School Cook Book published in the near future.

***Please note: not all recipes submitted may be featured.***



## **DIARY DATES 2023**

**FRIDAY 15TH SEPTEMBER** - Last Day of Term 3 (early finish)

**MONDAY 2ND OCTOBER** - Term 4 Commences

## VALUE OF THE FORTNIGHT

We will be continuing our study of the value, Happiness, next week.

Happy people are always smiling and quick to laugh.

Research tells us that laughter is good for your health. It relaxes the whole body, boosts the immune system and triggers the release of endorphins. Endorphins promote an overall sense of well-being and can even relieve pain momentarily.

Laughter also protects the heart as it improves the function of blood vessels and increases blood flow which in turn will protect us against heart attack and other cardiovascular problems.

There is a link between laughter and mental health.

Laughter can dissolve distressing emotions. It can help us relax and recharge,

If we can teach ourselves to see situations in a less threatening and more realistic light, we can create a psychological distance thus avoiding feeling overwhelmed.

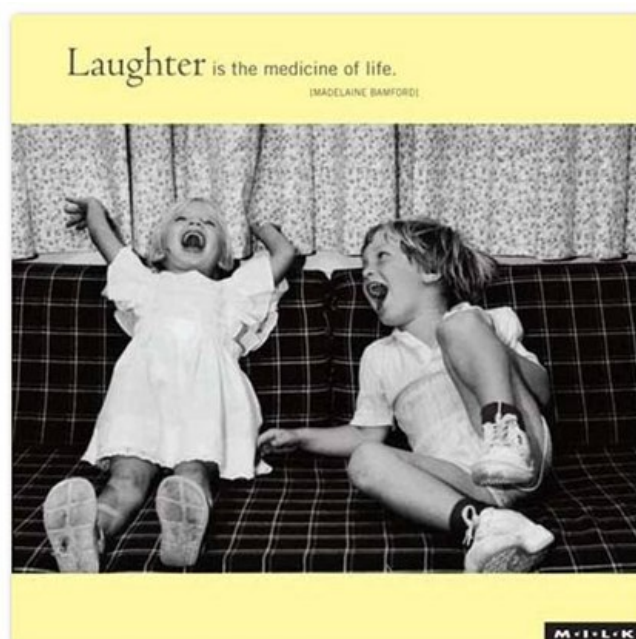
Laughter with others is more powerful than laughing alone.

Here are some ways we can induce laughter:

- Watching a funny movie or TV show
- Visit a comedy club
- Read the funny pages in the daily newspaper
- Seek out funny people
- Share a good joke or funny story
- Check out your favourite bookstore or library's humour section
- Host a game night with friends
- Play with a pet

Can you think of some ways we can induce laughter?

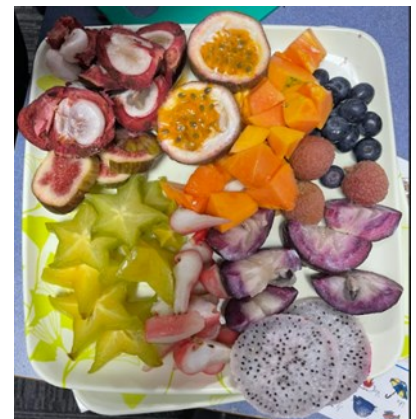
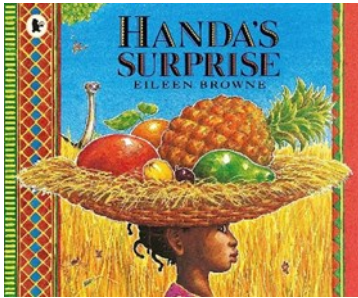
***Dianne Wright***  
***Campus Principal—Middle School***



## JUNIOR SCHOOL NEWS—TALK FOR WRITING

The students in JSF have been participating in a language development program called 'Talk for Writing'. Students have been reading the book 'Handa's Surprise' and learning about narrative story structure and different animals and fruits to build their vocabularies. The students used these newly learnt skills to create their own version of the story 'Handa's Surprise'.

*Ana Roknic  
Speech Pathologist*



**MIDDLE SCHOOL STUDENT OF THE WEEK**

**MSA COOPER C**

For being kind to his classmates.

**MSB JOSHUA N**

For improving his writing skills.

**MSC VASILIJ E B**

For showing kindness by opening and closing doors.

**MSD DION I**

For working well on all set tasks.

**MSF NOOR K**

For always being a quiet and consistent worker.

**MSG JASPER M**

For volunteering answers and working excellently during Numeracy.

**MSI JULIAN V**

For working hard and staying on 'the metro line' all week.

**MSK TALYN C**

For taking responsibility for himself.

**ESO VASILIJ E B**

For working well in class.

**ARTIST MANAIA S**

For her drawing of Sailor Moon.

**NOAH H**

For his work during Art this year.

**ANDRENA C**

For her technical drawing of a girl.

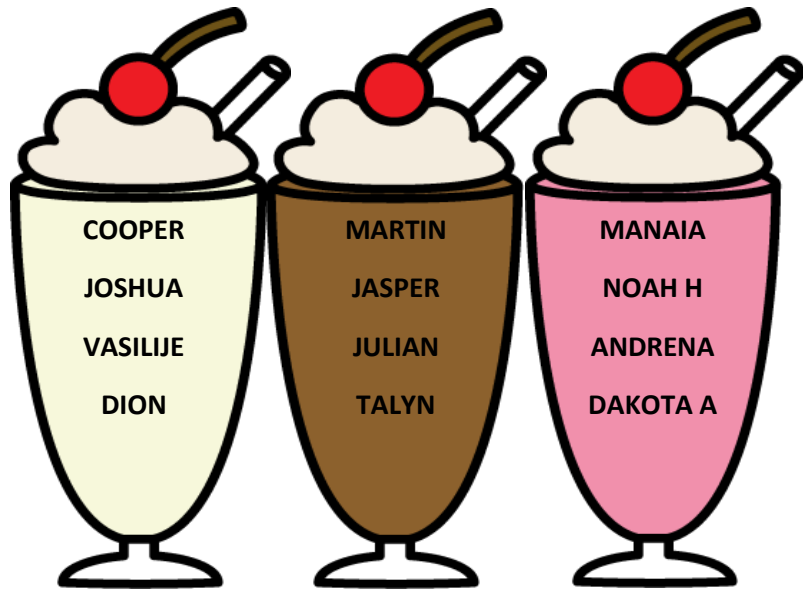
**MR MAC COOPER C**

For creating quality projects by not rushing them.

**SCIENCE DAKOTA A**

For her hard work making her paper mâché planet and always having amazing manners.

**MIDDLE SCHOOL MILKSHAKE AWARDS**



**A FRIENDLY REMINDER TO FAMILIES TO LABEL ALL SCHOOL BELONGINGS, ESPECIALLY SCHOOL JUMPERS AND SCHOOL JACKETS.**

## ARTWORK BY EMERSON STUDENTS—CARDINIA CULTURAL CENTRE

If you're in the Pakenham area during these holidays, please don't forget to visit the 'Expressions' exhibition at the Cardinia Cultural Centre, Pakenham, which includes several works by Emerson students from our Junior, Middle and Senior Schools.

The exhibition is an opportunity to showcase the creativity of our diverse community in a professional setting. Many of the artists are working with a variety of mediums including painting, drawing, sculpture, woodwork, poetry, quilting, photography and many more.

The 'Expressions' exhibition closes on Sunday 24<sup>th</sup> September.

For more information, please use the link:

[https://www.cardiniaculturalcentre.com.au/whats\\_on/expression-exhibition/](https://www.cardiniaculturalcentre.com.au/whats_on/expression-exhibition/)

Have a great break.



*Pamela Paul  
Junior/Senior School Art Teacher*



## DISTRICT ATHLETICS

On Thursday August 31<sup>st</sup>, 13 Emerson Junior and Middle students represented the school at the Primary Dandenong District Track and Field Finals at Casey Fields.

When we arrived at the track, the grandstand was full of students from schools across Dandenong. This was the first time Emerson had competed at this competition and we were given a warm welcome. The students were incredibly patient waiting for their turn to run. This patience was severely tested before the 200m as the students were faced with strong wind and horizontal rain. Our tremendous team were unfazed and strove to achieve their best. I would like to highlight the resilience of two students. Dakota A (MSB) slipped at the beginning of the 200m but fought back to win the race. Unhappy with how he ran in the 100m and 200m, Ben D (MSC) bounced back to take 1<sup>st</sup> place in the shot put.

Thank you to Daina and Mr Peduto for supporting the team on the day.

12 of the team have qualified for the Greater Dandenong Division Finals on Monday 11<sup>th</sup> September:

- Angelia T (200m/shot put)
- Ben D (shot put)
- Kian P (100m/200m/long jump)
- Mustafa R (100m/200m/800m)
- Reef E (long jump)
- Fredrick G (800m)
- Dakota A (100m/200m/800m)
- Jemma L (100m/shot put)
- HamzaH N (100m/200m/long jump)
- Ahmad F (100m/200m/800m)
- Isaac E (100m/200m/800m)
- Elijah R (100m/200m/800m)



We wish them all the best!

*Chris Winter*  
**Athletics & Cross Country Coach**



## MELBOURNE SYMPHONY ORCHESTRA EXCURSION

A group of students from Senior School were able to attend an open rehearsal of the Melbourne Symphony Orchestra on Wednesday. They travelled into the city via public transport and enjoyed watching the orchestra working together to create amazing music. Here are some quotes shared by our students:

*"I loved the trombone and the trumpet!" - Hunter M*

*"The conductor was really good and I was really happy." - Chrissie M*

*"It was fun and I liked the music." -Zahra M*

*"There are no words in the English language that express how cool it was!" -Anonymous*



## SCHOOL HOLIDAY WORKSHOP AT CITY OF GREATER DANDENONG

The City of Greater Dandenong is running a free 2-day multimedia workshop on 18<sup>th</sup> and 19<sup>th</sup> September for 10 -17-year olds.

Parallel Wilds is an immersive and empowering two-day workshop for youth featuring creative writing, digital photography and videography, 3D and drone imagery.

Workshops will be held across two locations - Workshop 1 will be at Alex Wilkie Nature Reserve and Workshop 2 will be at Walker Street Gallery.

It will be held during the school holidays with a final presentation on the evening of Tuesday 19th September for participants and families. The workshop will be facilitated by creative writer, Craig Dent and 3d photographer, Justin Dallinger.

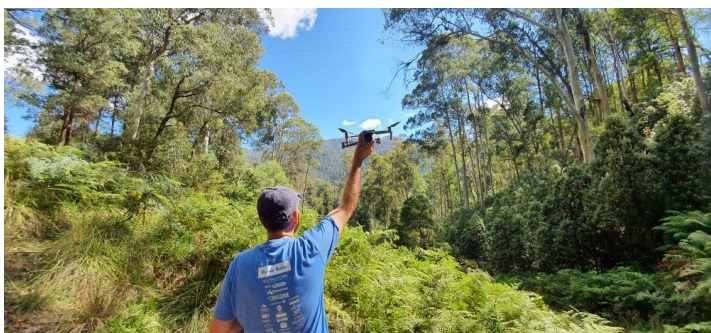
This workshop is designed for youth aged 10 to 17 years.

For additional assistance and information to participate, please contact the following,

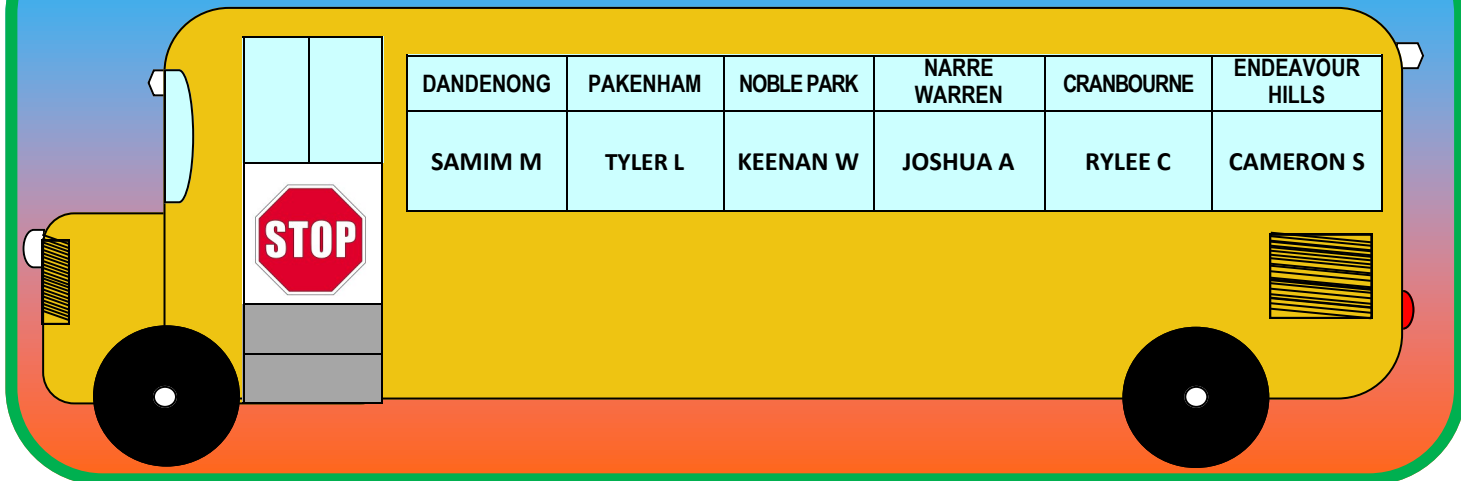
Arts in Greater Dandenong on 9706 8441 or [arts@cgd.vic.gov.au](mailto:arts@cgd.vic.gov.au).

<https://www.greaterdandenong.vic.gov.au/greater-dandenong-council/events/fully-booked-parallel-wilds-self-identity-natural-world>

Parallel Wilds website: <https://parallelwilds.com/>



# BUS AWARDS



# FOOTY COLOURS DAY

**EMERSON WILL BE SUPPORTING R U OK? DAY THIS YEAR BY RAISING MONEY WITH A FOOTY COLOURS FREE DRESS DAY!**



**R U OK?**

Who will you ask?

**FRIDAY 15 SEPTEMBER  
GOLD COIN DONATION**



**JobCo Celebrates**

**R U OK? Day**

**You're invited!**

**Thursday 14th Sept**

Let's keep the conversation going!

All are welcome to join us in increasing community support and promote the ongoing conversation that R U OK? Day stands for.

**JOIN OUR EVENT**

THURSDAY 14.09.23  
11 am - 2 pm

JobCo, Dandenong  
154 Cleeland Street  
Dandenong VIC 3175

**FOR MORE INFORMATION:**  
Call (03) 9791 5842

**WHAT'S ON OFFER?**

- Free Community Sausage Sizzle
- Free Community Book Store
- Free Lucky Dip
- Employment and Education Opportunities
- Career Counselling and Guidance
- And other fun activities for the whole family to enjoy!

**SPRINGVALE LIONS**

**ALL ABILITIES BASEBALL**

**PILOT PROGRAM**

**FRIDAY 1ST & 8TH SEPTEMBER**

**@ SPRINGVALE INDOOR CENTRE**

**5PM - 6PM**

**PROGRAM DESIGNED & HOSTED BY AN OCCUPATIONAL THERAPIST**

**FREE PROGRAM**

**High school aged participants**

**Initial pilot to seek interest for a full season**

**FOR YOUNG PEOPLE AGED 12-25**

**YOUTH FEST 2023**

**Thursday 28 September**  
**11am to 2pm**  
**Noble Park Skatepark and surrounding area**  
**Memorial Dr, Noble Park**

SCAN HERE FOR MORE INFORMATION

**CALL OUT FOR LOCAL PERFORMERS**

Are you 12-25 years old and love...

- Singing?
- Playing a musical instrument?
- Dancing or cultural performances?
- Spoken word poetry?
- Comedy, circus, or magic tricks?

We are looking for young people to showcase their talents to the community.

You could get paid to perform on stage at community festivals and events.

For further information, please contact Youth and Family Services on 9793 2155 or visit [youth.greaterdandenong.vic.gov.au/programs/call-out-performers](http://youth.greaterdandenong.vic.gov.au/programs/call-out-performers) to express your interest.

Greater Dandenong Youth and Family Services  
39 Clow Street, Dandenong  
youthservices@cgd.vic.gov.au  
facebook.com/cgd.youthservices  
youth.greaterdandenong.vic.gov.au  
We are proudly drug, alcohol and smoke free

9793 2155  
TTY: 133 677  
Speak and listen: 1300 555 727  
TIS: 13 14 50

GREATER DANDENONG City of Opportunity

frezza

YOUTH FEST

Living & Learning Collaborative

MAKE YOUR MOVE

cmv

Future Health

VicHealth

rethink australia

South East

Warrigal

SIAC

Wellgrange

Greater Dandenong Youth and Family Services  
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Scan here to express your interest

GREATER DANDENONG City of Opportunity

This event is fully supervised, no smoking, no alcohol and no drugs event. The Greater Dandenong City Council acknowledges the support of the Victorian Government.