

Issue 21 - Friday 2nd August 2024

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PRINCIPAL'S REPORT

The Olympic Games in Paris are providing so many opportunities to learn new things and to witness the importance of friendships, sporting endeavours and cultural appreciation between all participants, spectators and viewers.

For instance, a student asked me "What is the difference between a kayak and a canoe?" We found out that you sit in a kayak but kneel in a canoe. We also found that a kayak uses a paddle with a blade at each end. However, a canoeist uses a paddle with a blade at only one end.

Another good question was "What is the difference between a running race and a walking race?" Paris is eight hours behind Melbourne. It has been good for students and staff to work out time differences.

The Paris Olympics are held over 17 days. Today is Day 8. They will finish on Sunday, 11th August.



John Mooney
Principal

VALUE OF THE FORTNIGHT

We are studying the value of Happiness for the month of August.

There have been many studies into the benefits of Happiness. Mr Hugh Van Cuylenberg is a famous speaker on this topic. He has observed the link between Resilience and Happiness.

Hugh said that research has shown that we can rewire the brain to scan the world to be positive. Positive people are happy people. Happy people are less likely to get sick. They are more enthusiastic and energetic. Other benefits from being happy include sleeping better and being more attentive. This leads to lower levels of anxiety and depression.

Hugh said the secret to being happy is easy. All we need to do each day is to answer the following three questions. I think it would also be very powerful to write them down in a book so that we can reflect on them from time to time.

Ask yourself:

- What is the best thing that happened to me today?
- Who am I most grateful for today and why?
- What am I looking forward to most about tomorrow?

I would like everyone at Emerson to answer these 3 questions each day for the next 2 months and let me know if they are feeling happier as a result.

Dianne Wright
Campus Principal, Middle School

DIARY DATES 2024

FRIDAY 16TH AUGUST - Curriculum Day (**NO SCHOOL**)

FRIDAY 20TH SEPTEMBER - Last day of Term 3 (**EARLY FINISH**)

MONDAY 7TH OCTOBER - First day of Term 4

JUNIOR SCHOOL NEWS— 100 DAYS OF SCHOOL

For the first time in Emerson School's history, our prep students celebrated their 100th day of school on Friday, July 26th.

To commemorate this special occasion, we dressed up as 100-year-olds, and everyone looked fantastic in their costumes. The festivities included an impromptu dance performance by the students at Whole School Assembly and various arts and crafts activities, making it a fun-filled week.

Each student received a certificate as a memento to remember this special day.

A big shout out to all the prep parents who went out of their way to dress their children up and prepare them for the event. Special thanks also to Mr Hutching and PJ for providing transportation to and from Middle School.

Janet D'Souza
JSA Classroom Teacher



MIDDLE SCHOOL STUDENT OF THE WEEK

MSA FRED G

For a wonderful Athletics carnival.

MSC FALMATA T

For settling well in MSC.

MSD ROSE M

For excellent work on her PowerPoint about the Australian states and territories.

MSF CIENNA W

For showing a growing maturity, handling a difficult situation last week well.

MSG REEF E

For showing greater concentration in class.

MSI DEACON N

For smashing out his Literacy work last week and for being a quiet achiever.

MSJ SEBASTIAN H

For great application to his work.

MSK JULIAN V

For completing the Mental Maths Challenge.

MSL AISH D

For her incredible work in all areas of her schooling.

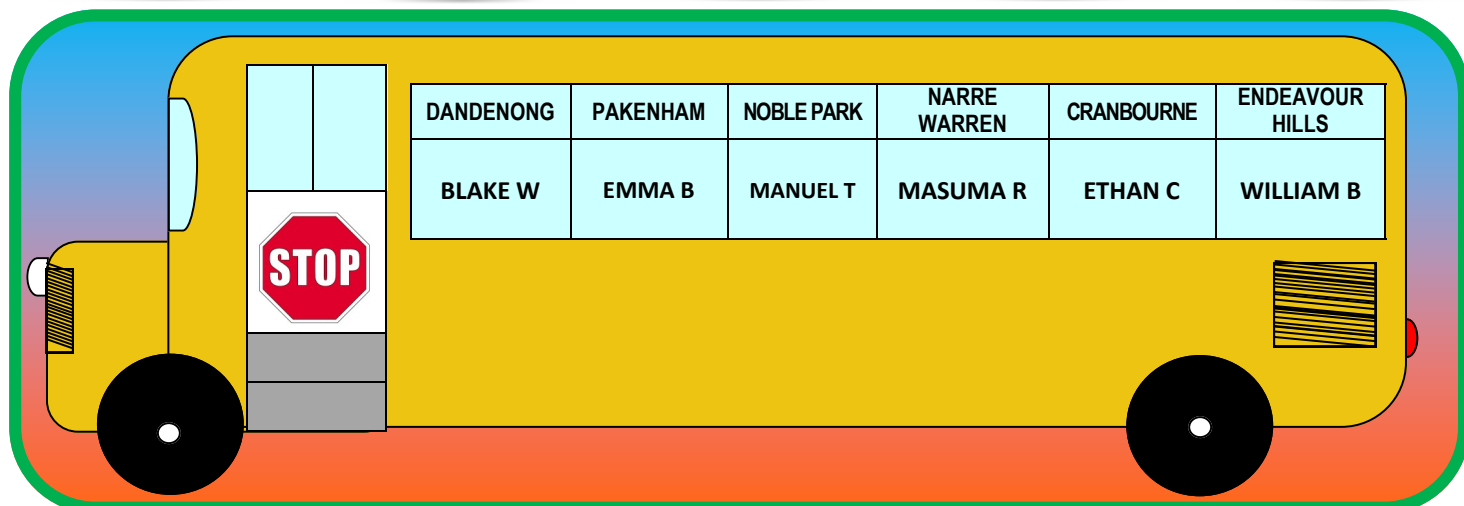
ESO GISELLE S

For being kind to her peers.

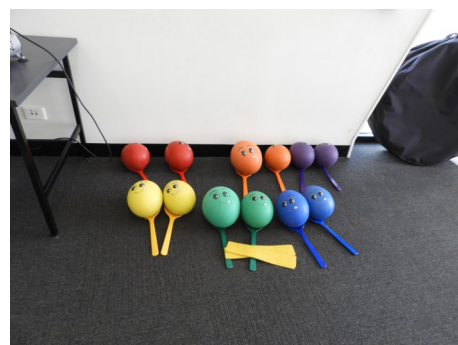
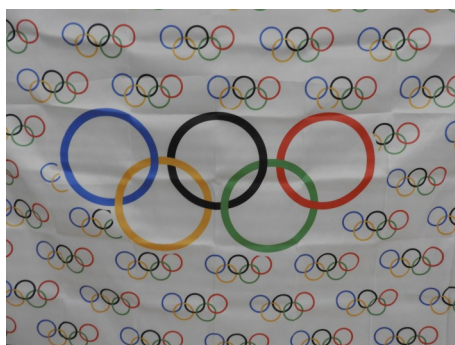
MIDDLE SCHOOL MILKSHAKE AWARDS



SPORTS STAR OF THE WEEK AWARDS



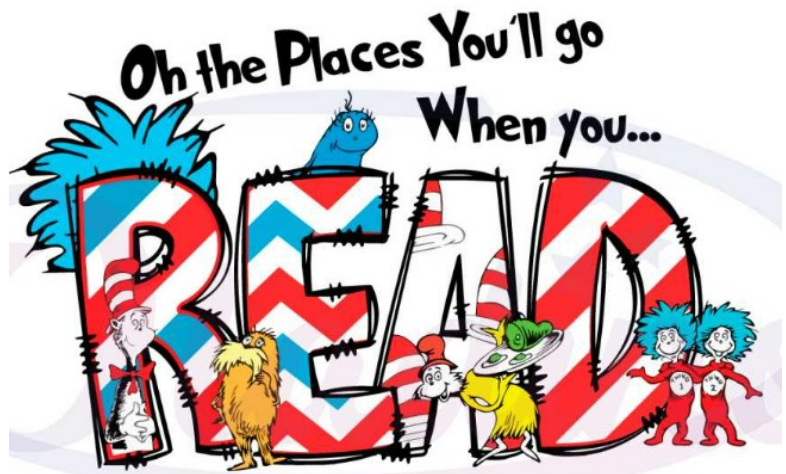
MIDDLE SCHOOL MINI OLYMPICS



MIDDLE SCHOOL LIBRARY

Ms Georgalli and Mrs Merella have started a Middle School Library in the gym at recess each Thursday. They had a great turn out with about fifteen students visiting and enjoying some of our great books.

A huge thank you to everyone who donated books, bean bags and cushions to make this happen. Also, a mega round of applause to Mr Dennis and his SSB students who built storage for us.



PRINCIPALS' DAY

Today is Principals' Day.

Thank you to our wonderful Principal team; Mr Mooney, Mrs Wright, Mr Walsh & Mrs La'Brooy, for everything they do for our students and the greater Emerson community.



Passionate
Respectful
Inclusive
Nurturing
Caring
Involved
Positive
Amazing
Legends



Mr Mooney



Mrs Wright



Mr Walsh



Mrs La'Brooy

THANK YOU!





WE THE PEOPLE OF EMERSON

ABBIE



Personal Information

Name **Abbie**

Class **SSF - Food & Hospitality**

Age **18**

Roles **Senior School Captain**

Favorite Things



TV show **Masterchef**

Hobbies **Reading**

Book **Harry Potter**

Subjects **Literacy, art & cooking**



Future Plans

What do you want to do when you finish school?

When I was about 12, I was shopping in Kmart while wearing a red top. A customer approached me and thought I worked there. From that day I've wanted to work in retail, maybe at Kmart or Target.



Your School

What do you want to learn in your time at Emerson School?

I really want to get better at maths. I also want help in trying to get a job and learning about finding a job.

What do you like about Emerson School?

I think it's a good school, you get lots of opportunities you won't get anywhere else such as work experience, going on camps and doing electives. I also have a lot more friends here than at my old school.



Advice

What advice would you give to other people?

Follow your dreams and then you can achieve what you set your mind to. Don't give up!

Follow your Dreams

